

Welcome to Mary's Communion Lunch- Sample Menu



To Start

*A Cool Glass of Orange Juice
Fresh Melon with strawberry Sauce
Soup of the Day (1, 2, 9, 12)*

The Main Event

*Football Fred's Bangers & Mash (1, 2, 8)
Chef Charlie's Home-Cooked Joint of the Day (1, 2)
Cowboy Colm's Chick-o-licious Goujons
with Mash & Baked Beans (1, 2, 7)
Ballerina Belles Steamed Salmon with
Potato Wedges & Fresh Veg (1, 2, 3)
Pat the Pirates Pasta-Spaghetti with Bolognese Sauce
& Shredded Cheddar Cheese (1, 2, 7)
Magic Mike's Margarita Pizza (1, 2, 7)*

To Finish

*Fresh Fruit Salad with Yummy Yoghurt Sauce (2, 8)
Wobbly Jelly & Ice Cream (1, 2, 7)
Banana Split a la Castlerosse (1, 2, 7)*

Allergen Information

**1=Wheat 2=Dairy 3=Fish 4=Peanuts 5=Crustaceans 6=Tree Nuts 7=Eggs
8=Sulphites 9=Soya 10=Sesame 11=Mustard 12=Celery 13=Molluscs 14=Lupins**